Vietnamese Tomato Soup Noodle

Ingredient:

Vegetarian beef 200g

Water or vegetable stock 2.5 to 3 litre

Ginger 20g

Frozen lemongrass 3 sticks

Tomato 1kg

Tomato paste 2 tablespoons

Tomato sauce 4 tablespoons

Vegetarian chicken chunks (textured vegetable protein) 200g

Fried tofu puff 90g

Thai Basil leaves about 6 pieces, chop finely

Salt 1 tablespoon

Oil 1 tablespoon

Rice noodle/Vermicelli 1 packet

Cooking Method:

- -Clean and smash the ginger; wash the tomatoes, half diced and the other half cut into round thick slices.
- -Wash the Thai basil; cut all fried tofu puffs in half and blanch in boiling water.
- -Defrost the frozen lemongrass, wash and smash it.
- -Fry the vegetarian chicken chunks until golden color and set aside.
- -Heat up wok and add some oil. First put in the smashed ginger and stir fry for a short while, then add lemongrass and tomato dices successively. When the tomato dices become slightly mushy, add tomato paste and tomato sauce, stir fry until fragrant.
- -Then add water to boil, put in vegetarian beef, vegetarian chicken chunks, thick tomato slices and halved fried tofu puffs, slow cook for 1 hour; add in salt.
- -Boil another pot of water, put the rice noodle into the hot boiling water until cooked thoroughly, then drain in a colander and rinse under cold water to cool.
- -Serve the rice noodle with the tomato soup, and chopped basil on top.