



年度法會活動 2024 Special Events		
8/9 – 27/10 週日 Sun	請洽寶林 Contact us	梁皇寶懺精進共修 Liang Huang Jeweled Repentance Weekly Sunday Service
21/12 週六 Sat	11:00 – 14:00	寶林素食展 Vegetarian Festival
27/12 – 1/1/2025	請洽寶林 Contact us	*六日精進禪修 6-day Meditation Retreat 禪修期間，本寺暫停開放參觀。 Bao Lin will be closed to the public.
26/1/2025 週日 Sun	10:00 – 12:30	歲末華嚴經淨行品法會 Chinese Year-End Ceremony Pure Conduct Chapter of the Avatamsaka Sutra
28/1/2025 週二 Tue	20:30 – 22:00	除夕上香供燈祈福 Chinese New Year Eve Lamp and Incense Offerings

梁皇寶懺精進共修 8/9 – 27/10 週日 Sun Liang Huang Jeweled Repentance Weekly Sunday Service				
8/9 卷一 Scroll 1 9:30-12:00	8/9 卷二 Scroll 2 13:30-16:00	15/9 卷三 Scroll 3 9:30-12:00	22/9 卷四 Scroll 4 9:30-12:00	29/9 卷五 Scroll 5 9:30-12:00
6/10 卷六 Scroll 6 9:30-12:00	13/10 卷七 Scroll 7 9:30-12:00	20/10 卷八 Scroll 8 9:30-12:00	27/10 卷九 Scroll 9 9:30-12:00	27/10 卷十 Scroll 10 13:30-16:00

9 月至 12 月共修活動 Sep – Dec Chanting Events				
	9 月 Sep	10 月 Oct	11 月 Nov	12 月 Dec
金剛經共修 <i>Diamond Sutra Sunday Service</i>				
週日 Sun 10:00 – 12:00			10/11, 17/11	1/12, 8/12, 15/12
恭誦《在家菩薩戒》 Lay Bodhisattva Precepts*				
週日 Sun 13:30 – 14:30			24/11	15/12
農曆初一、十五佛前大供 Grand Meal Offering to Buddhas				
Day 1 and 15 of Lunar Month 11:40 – 12:00	3/9, 17/9	3/10, 17/10	1/11, 15/11	1/12, 15/12

9 月至 12 月禪修活動 Sep – Dec Meditation Events				
	9 月 Sep	10 月 Oct	11 月 Nov	12 月 Dec
半日禪 Half-day Meditation Retreat*				
週日 Sun 08:30 – 11:50			24/11	

寶林所有法會共修及禪修活動皆為免費。All events at Bao Lin are free.  
活動備有英文經本與現場英文翻譯。English instruction & sutras are provided.  
\*限寶林護法學員 Registration for these events is limited to eligible Bao Lin students.



	週一 Mon	週二 Tue	週三 Wed	週四 Thu	週六 Sat
10:00 12:00		<b>New Level 1</b> 27/8 – 1/4	*中高 II 28/8 – 2/4	*中中 29/8 – 3/4	*中研 I 31/8 – 29/3
19:00 21:00	*中高 I 26/8 – 24/3	*Level 2 27/8 – 25/3	*Level 3A *Sutra Study 28/8 – 26/3	<b>中文初級班</b> 29/8 – 27/3	

停課日 Term break : 4/11/2024 – 19/1/2025

初級禪修班	Level 1
禪修的意義與方法 四聖諦	Mindfulness & Meditation The Four Noble Truths
中級禪修班	Level 2
菩薩行門 慈悲觀	The Bodhisattva Practices Compassion Contemplations
高級禪修班 1	Level 3A
法脈簡介 達磨二入四行觀	Intro to Chan Patriarchs <i>The Essence of Mahayana Practice</i>
高級禪修班 2	Sutra Study
止觀法門 佛說八大人覺經	<i>The Sutra on Impermanence</i>
研經班第一期	*報名資格須前一級別結業
佛說無常經	*Levels must be taken in consecutive order

	9月 Sep	10月 Oct	11月 Nov	12月 Dec
<b>梵唄班 Chinese Chanting Class (限禪修班學員)</b>				
週六 Sat 13:30 – 14:30	14/9, 21/9 28/9	5/10, 12/10 19/10		

	9月 Sep	10月 Oct	11月 Nov	12月 Dec
週六 Sat 18:30 – 20:30	14/9, 28/9	12/10	2/11	7/12, 14/12

All programs are free of charge and open to the public.  
Your generous donation and support are welcomed.  
No low-cut dresses, mini skirts, shorts or bare feet in the monastery.  
We welcome your visit or enrolment in the classes.  
Opening Hours: Mon to Sun 9:30 am - **5:00** pm.  
課程免費，歡迎隨喜發心捐助，護法護教。  
佛門清淨地，請勿穿著低胸、迷你裙、短褲或赤腳。  
開放時間：週一至週日 9:30 am - **5:00** pm  
歡迎參觀禮佛、報名禪修