



年度法會活動 2025 Special Events

26/1 週日 Sun	10:00 – 12:30	歲末華嚴經淨行品法會 Chinese Year-End Ceremony Pure Conduct Chapter of the Avatamsaka Sutra
28/1 週二 Tue	20:30 – 22:00	除夕上香供燈祈福 Chinese New Year's Eve Lamp and Incense Offerings
30/3 週日 Sun	09:30 – 16:30	清明地藏消災、超薦法會 Ching Ming Earth Store Bodhisattva Blessing & Memorial Ceremony
8/4 週二 Tue	12:30 – 14:30	中台禪寺開山祖忌誦經共修 Memorial Tribute for the Founder of Chung Tai Chan Monastery, Venerable Master Wei Chueh
13/4 週日 Sun	請洽寶林 Contact us	*寶林禪寺各級禪修班聯誼 *Bao Lin Meditation Classes Gathering
4/5 週日 Sun	09:30 – 13:30	浴佛節暨夏安居報恩藥師啟建法會 Buddha Bathing & Beginning of Sangha Summer Retreat Gratitude Medicine Buddha Ceremony
11/5 - 10/8 週日 Sun	請洽寶林 Contact us	梁皇寶懺精進共修 Liang Huang Jeweled Repentance Weekly Sunday Service
10/8 週日 Sun	09:30 – 16:30	梁皇寶懺暨夏安居報恩藥師圓滿法會 Completion of Liang Huang Jeweled Repentance & Gratitude Medicine Buddha Ceremony
22/8 - 3/9 Fri - Wed	請洽寶林 Contact us	*中台禪寺朝聖之旅 *Pilgrimage to Chung Tai Chan Monastery
13/9 週六 Sat	14:30 – 17:00	*寶林禪寺護法會聯誼 *Bao Lin Dharma Support Association Reunion
20/12 週六 Sat	11:30 – 14:00	寶林素食展 Vegetarian Festival
28/12 - 1/1/2026	請洽寶林 Contact us	*五日精進禪修 5-day Meditation Retreat

1 月至 4 月共修活動 Jan – April Chanting Events

	1 月 Jan	2 月 Feb	3 月 Mar	4 月 April
六祖壇經共修 The Platform Sutra Sunday Service				
週日 Sun 10:00 – 12:00	12/1, 19/1	2/2, 9/2, 16/2	2/3, 9/3, 16/3	20/4
恭誦《在家菩薩戒》 Lay Bodhisattva Precepts*				
週日 Sun 13:30 – 14:30		23/2	23/3	27/4
農曆初一、十五佛前大供 Grand Meal Offering to Buddhas				
Day 1 and 15 of Lunar Month 11:40 – 12:00	14/1, 29/1	12/2, 28/2	14/3, 29/3	12/4, 28/4

1 月至 4 月禪修活動 Jan – April Meditation Events

	1 月 Jan	2 月 Feb	3 月 Mar	4 月 April
*半日禪 Half-day Meditation Retreat				
週日 Sun 08:30 – 11:50		23/2	23/3	27/4
20/4 Sun 14:00~16:00	中文禪修體驗班 Meditation Trial Class in Chinese			
26/4 Sat 10:00~12:00	英文禪修體驗班 Meditation Trial Class in English			

寶林所有法會共修及禪修活動皆為免費。All events at Bao Lin are free.
活動備有英文經本與現場英文翻譯。English instruction & sutras are provided.
***限寶林護法學員 Registration for these events is limited to eligible Bao Lin students.**



	週一 Mon	週二 Tue	週三 Wed	週四 Thu	週六 Sat
10:00 12:00		Level 1 27/8 – 25/3	*中高 II 28/8 – 26/3	*中中 29/8 – 27/3	*中研 I 31/8 – 29/3
19:00 21:00	*中高 I 26/8 – 24/3	*Level 2 27/8 – 25/3	*Level 3A *Sutra Study 28/8 – 26/3	中初 29/8 – 27/3	

新中文初級班開課 15/5 週四 10:00-12:00
New Zen I Class 13/5 Tuesday 19:00-21:00

初級禪修班	Level 1
禪修的意義與方法 四聖諦	Mindfulness & Meditation The Four Noble Truths
中級禪修班	Level 2
菩薩行門 慈悲觀	The Bodhisattva Practices Compassion Contemplations
高級禪修班 1	Level 3A
法脈簡介 達磨二入四行觀	Intro to Chan Patriarchs <i>The Essence of Mahayana Practice</i>
高級禪修班 2	Sutra Study
止觀法門 佛說八大人覺經	<i>The Sutra on Impermanence</i>
研經班第一期	*報名資格須前一級別結業
佛說無常經	*Levels must be taken in consecutive order

	1 月 Jan	2 月 Feb	3 月 Mar	4 月 April
中文梵唄初級班 Chinese Chanting Class I (限禪修班學員)				
週六 Sat 13:30 – 14:30		1/2, 15/2	1/3, 15/3	
中文梵唄進階班 Chinese Chanting Class II (限禪修班學員)				
週六 Sat 13:30 – 14:30		8/2, 22/2	8/3, 22/3	

	1 月 Jan	2 月 Feb	3 月 Mar	4 月 April
週六 Sat 18:30 – 20:30		1/2, 15/2	1/3, 15/3	5/4, 26/4

All programs are free of charge and open to the public.
Your generous donation and support are welcomed.
No low-cut dresses, mini skirts, shorts or bare feet in the monastery.
We welcome your visit or enrolment in the classes.
Opening Hours: Mon to Sun 9:30 am - **5:00** pm.
課程免費，歡迎隨喜發心捐助，護法護教。
佛門清淨地，請勿穿著低胸、迷你裙、短褲或赤腳。
開放時間：週一至週日 9:30 am - **5:00** pm