



中台禪寺澳洲墨爾本分院寶林禪寺

2026 Jan - April 行事曆

Bao Lin Chan Monastery, Melbourne
Schedule of Events

年度法會活動 2026 Special Events

26/1 週一 Mon	12:30 – 14:30	臘八掃塔誦經共修(中台連線) Founding Abbot Pagoda Sweeping Memorial Service
15/2 週日 Sun	10:00 – 13:00	新春《華嚴經淨行品》法會 Chinese Year-End Ceremony <i>Pure Conduct Chapter of the Avatamsaka Sutra</i>
29/3 週日 Sun	09:30 – 16:30	清明地藏消災、超薦法會 Ching Ming Earth Treasure Bodhisattva Blessing & Memorial Ceremony
5/4 - 11/4 Sun - Sat	請洽寶林 Contact us	*中台禪寺朝聖之旅 *Pilgrimage to Chung Tai Chan Monastery in Taiwan
8/4 週三 Wed	12:30 – 14:30	開山祖忌暨十周年紀念法會 Commemoration Ceremony for the 10th Anniversary of the Founding Abbot's Nirvana
25/4 週六 Sat	13:30 – 16:00	傳授三皈五戒法會 Transmission of the Three Refuges and Five Precepts Ceremony
24/5 週日 Sun	09:30 – 13:30	浴佛節暨夏安居報恩藥師啟建法會 Buddha Bathing & Beginning of Sangha Summer Retreat Gratitude Medicine Buddha Ceremony
26/7 週日 Sun	09:30 – 16:30	藥師寶懺暨夏安居報恩藥師圓滿法會 Medicine Buddha Repentance Service & Completion of Gratitude Medicine Buddha Ceremony
14/8 - 24/8 Fri - Mon	請洽寶林 Contact us	*中台禪寺朝聖之旅 *Pilgrimage to Chung Tai Chan Monastery in Taiwan
6/9 - 18/10 週日 Sun	請洽寶林 Contact us	梁皇寶懺精進共修 Liang Huang Jeweled Repentance Weekly Sunday Service
20/12 週日 Sun	11:30 – 14:00	寶林素食展 Vegetarian Festival
28/12 - 1/1/2027	請洽寶林 Contact us	*五日精進禪修 5-Day Meditation Retreat

1 月至 4 月共修活動 Jan – April Chanting Events

	1 月 Jan	2 月 Feb	3 月 Mar	4 月 April
《金剛經》共修 The Diamond Sutra Sunday Service				
週日 Sun 10:00 – 11:30		1/2, 8/2	1/3, 8/3, 15/3	
恭誦《在家菩薩戒》 Lay Bodhisattva Precepts*				
週日 Sun 13:30 – 14:30	25/1	22/2	22/3	
農曆初一、十五 恭誦《金剛經》、佛前大供 Recite the Diamond Sutra & Grand Meal Offering to Buddhas				
Day 1 and 15 of Lunar Month 11:15 – 12:00	3/1, 19/1	2/2 17/2 《普門品》	3/3, 19/3	2/4, 17/4

1 月至 4 月禪修活動 Jan – April Meditation Events

	1 月 Jan	2 月 Feb	3 月 Mar	4 月 April
*半日禪 Half-day Meditation Retreat				
週日 Sun 08:30 – 11:50	25/1	22/2	22/3	

寶林所有法會共修及禪修活動皆為免費。

All events at Bao Lin are free.

活動備有英文經本與現場英文翻譯。

English instruction & sutras are provided.

*限寶林護法學員

Registration for these events is limited to eligible students.



中台禪寺澳洲墨爾本分院寶林禪寺 Bao Lin Chan Monastery, Melbourne

2026 Jan - April 禪修班課程表 Meditation Classes Timetable

	週一 Mon	週二 Tue	週三 Wed	週四 Thu	週六 Sat
10:00 12:00	Level I 12/1 – 13/7	*Level III 1 13/1 – 14/7	*中高二 14/1 – 15/7	*中中 15/1 – 16/7	*中研三 17/1 – 18/7
19:00 21:00	*中研一 12/1 – 13/7	*Level II 13/1 – 14/7	*Level III 2A *Sutra Study 2A 14/1 – 15/7	*中高— 15/1 – 16/7	中初 17/1 – 18/7 14:00-16:00

停課日 Term break : 16/2 - 21/2, 30/3 - 9/5

禪修班課程內容 Meditation Course Content	
初級禪修班	Level I
禪修的意義與方法 四聖諦	Mindfulness & Meditation The Four Noble Truths
中級禪修班	Level II
菩薩行門 慈悲觀	The Bodhisattva Practices Compassion Contemplation
高級禪修班第一期	Level III 1
法脈簡介 《達磨二入四行觀》	Intro to Chan Patriarchs Karma, Emptiness & the Middle Way <i>The Essence of Mahayana Practice</i>
高級禪修班第二期	Level III 2A
止觀法觀 《佛說八大人覺經》	Types of Dhyana Practice The Nine Stages of Abidance The Ten Ox Herding Pictures
研經班第一期	Sutra Study 2A
《佛說無常經》	<i>The Sutra of Forty-Two Chapters</i> 1A
研經班第三期	*報名資格須前一級別結業
《佛說四十二章經》2	*Levels must be taken in consecutive order

梵唄及才藝課程 Jan – April Chanting and Talent Classes

	1 月 Jan	2 月 Feb	3 月 Mar	4 月 April
中文梵唄初級班 Chinese Chanting Class I (限禪修班學員)				
週六 Sat 13:30 – 14:30	17/1, 31/1	28/2	14/3	
中文梵唄進階班 Chinese Chanting Class II (限禪修班學員)				
週六 Sat 13:30 – 14:30	24/1	7/2	7/3, 21/3	

英文兒童禪修班、青少年禪修班 Jan – April Children and Teens Meditation Classes (English)				
	1 月 Jan	2 月 Feb	3 月 Mar	4 月 April
週六 Sat 18:30 – 20:30		21/2	7/3, 21/3	

All programs are free of charge and open to the public.

Your generous donation and support are welcome.

No low-cut dresses, mini skirts, shorts or bare feet in the monastery.

We welcome your visit or enrolment in the classes.

Opening Hours: Mon to Sun 9:30 am - **5:00** pm.

課程免費，歡迎隨喜發心捐助，護法護教。

佛門清淨地，請勿穿著低胸、迷你裙、短褲或赤腳。

開放時間：週一至週日 9:30 am - **5:00** pm。

歡迎參觀禮佛、報名禪修。