



中台禪寺澳洲墨爾本分院寶林禪寺 Bao Lin Chan Monastery, Melbourne
2026 May-August 行事曆 Schedule of Events

年度法會活動 2026 Special Events

8/4 週三 Wed	11:00 – 11:40	開山祖忌暨十周年紀念法會 Commemoration Ceremony for the 10th Anniversary of the Founding Abbot's Nirvana
25/4 週六 Sat	13:30 – 16:00	傳授三皈五戒法會 Transmission of the Three Refuges and Five Precepts Ceremony
24/5 週日 Sun	09:30 – 13:30	浴佛節暨夏安居報恩藥師啟建法會 Buddha Bathing & Beginning of Sangha Summer Retreat Gratitude Medicine Buddha Ceremony
26/7 週日 Sun	09:30 – 16:30	藥師寶懺暨夏安居報恩藥師圓滿法會 Medicine Buddha Repentance Service & Completion of Gratitude Medicine Buddha Ceremony
14/8 - 24/8 Fri - Mon	請洽寶林 Contact us	*中台禪寺朝聖之旅 *Pilgrimage to Chung Tai Chan Monastery in Taiwan Registration Closes 報名截止：19th July
6/9 週日 Sun	請洽寶林 Contact us	寶林禪寺護法會頒證 Dharma Supporter Association Certificate Awarding Ceremony
6/9 - 18/10 週日 Sun	請洽寶林 Contact us	梁皇寶懺精進共修 Liang Huang Jeweled Repentance Weekly Sunday Service
19/12 週六 Sat	11:30 – 14:00	寶林素食展 Vegetarian Festival
28/12 - 1/1/2027	請洽寶林 Contact us	*五日精進禪修 5-Day Meditation Retreat

寶林禪寺所有法會共修及禪修活動皆為免費。歡迎大眾參加。
All events at the monastery are free and open to the public.
活動備有英文經本與現場英文翻譯。

English instruction & sutras are provided.

*限寶林護法學員

Registration for these events is limited to eligible monastery students.

5 月至 8 月共修活動 May – Aug Chanting Events

	5 月 May	6 月 Jun	7 月 Jul	8 月 Aug
《藥師經》共修 Medicine Buddha Sutra Sunday Service				
週日 Sun 10:00–11:30	《金剛經》 3/5, 10/5 17/5	7/6, 14/6, 21/6	5/7, 12/7, 19/7	《孟蘭盆經》 23/8
恭誦《在家菩薩戒》 Lay Bodhisattva Precepts*				
週日 Sun 13:30–14:30		28/6		23/8
農曆初一、十五 恭誦《藥師經》、佛前大供 Recite the Medicine Buddha Sutra & Grand Meal Offering to Buddhas				
Day 1 and 15 of Lunar Month 11:15 – 12:00	《金剛經》 1/5 《藥師經》 31/5	15/6, 29/6	14/7, 28/7	13/8, 27/8

《梁皇寶懺》精進共修

6/9 – 18/10 週日 Sun

Liang Huang Jeweled Repentance Weekly Sunday Service

6/9 卷一 Scroll 1 卷二 Scroll 2 9:30-17:30	13/9 卷三 Scroll 3 (Half Day) 9:30-13:30	20/9 卷四 Scroll 4 (Half Day) 9:30-13:30	27/9 卷五 Scroll 5 卷六 Scroll 6 9:30-16:30
4/10 卷七 Scroll 7 (Half Day) 9:30-13:30	11/10 卷八 Scroll 8 (Half Day) 9:30-13:30	18/10 卷九 Scroll 9 卷十 Scroll 10 9:30-17:30	



中台禪寺澳洲墨爾本分院寶林禪寺 Bao Lin Chan Monastery, Melbourne
2026 May – August 禪修班課程表 Meditation Classes Timetable

	週一 Mon	週二 Tue	週三 Wed	週四 Thu	週六 Sat
10:00 12:00	Level I 11/5 – 13/7	*Level III 1 12/5 – 14/7	*中高二 13/5 – 15/7	*中中 14/5 – 16/7	*中研三 16/5 – 18/7
19:00 21:00	*中研一 11/5 – 13/7	*Level II 12/5 – 14/7	*Level III 2A *Sutra Study 2A 13/5 – 15/7	*中高一 14/5 – 16/7	中初 16/5 – 18/7 14:00-16:00

新中文初級班開課 31/8 週一 19:00-21:00
New Level I Class 1/9 Tuesday 19:00-21:00

禪修班課程內容 Meditation Course Content

初級禪修班	Level I
禪修的意義與方法 四聖諦	Mindfulness & Meditation The Four Noble Truths
中級禪修班	Level II
菩薩行門 慈悲觀	The Bodhisattva Practices Compassion Contemplation
高級禪修班第一期	Level III 1
法脈簡介 《達磨二入四行觀》	Intro to Chan Patriarchs Karma, Emptiness & the Middle Way <i>The Essence of Mahayana Practice</i>
高級禪修班第二期	Level III 2A
止觀法門 《佛說八大人覺經》	Types of Dhyana Practice The Nine Stages of Abidance The Ten Ox Herding Pictures
研經班第一期	Sutra Study 2A
《佛說無常經》	<i>The Sutra of Forty-Two Chapters</i> 1A
研經班第三期	*報名資格須前一級別結業
《佛說四十二章經》 2	*Levels must be taken in consecutive order

5 月至 8 月禪修活動 May – August Meditation Events

	5 月 May	6 月 Jun	7 月 Jul	8 月 Aug
半日禪 Half-day Meditation Retreat 限本寺護法學員 This retreat is limited to eligible monastery students.				
週日 Sun 08:30 – 11:50		28/6		

英文兒童禪修班、青少年禪修班
May – Aug Children and Teens Meditation Classes (English)

	5 月 May	6 月 Jun	7 月 Jul	8 月 Aug
週六 Sat 18:30 – 20:30	2/5, 16/5, 30/5	13/6	18/7	1/8, 15/8, 29/8

梵唄課程 May – Aug Chanting Classes

中文梵唄初級班 Chinese Chanting Class I (限禪修班學員)

週六 Sat 13:30 – 14:30	9/5	6/6, 20/6	4/7, 18/7	
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中文梵唄進階班 Chinese Chanting Class II (限禪修班學員)

週六 Sat 13:30 – 14:30	2/5, 16/5, 30/5	13/6, 27/6	11/7	
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All programs are free of charge and open to the public.
Your generous donation and support are welcome.
No low-cut dresses, mini skirts, shorts or bare feet in the monastery.
We welcome your visit or enrolment in the classes.
Opening Hours: Mon to Sun **9:30 am - 5:00 pm.**
課程免費，歡迎隨喜發心捐助，護法護教。
佛門清淨地，請勿穿著低胸、迷你裙、短褲或赤腳。
開放時間：週一至週日 **9:30 am - 5:00 pm.**
歡迎參觀禮佛、報名禪修。